

Tom Rohrer, Ph.D.

Mental Performance Consulting

Specializing in Sports and Life Performance

Ideal for high school and college athletes with big dreams

"I understand because I have overcome debilitating blocks and have achieved many successes! I can help you do the same."

Tom Rohrer, Ph.D.



Dr. Rohrer's motivation for helping athletes comes from his personal experiences with debilitating anxiety. His basketball dreams were crushed in high school by the dreaded yips (uncontrollable double dribbling) due to unresolved traumas. Since 2002, he has helped hundreds of athletes with similar issues neutralize their blocks, develop a game-changing mindset, and achieve their athletic goals. Athletes frustrated with the quality of their performance turn to Dr. Tom Rohrer to work with the most important muscle in their body, their mind-set. He is a powerful resource and cheerleader for stumbling athletes to:

- Earn college scholarships
- Win competitions, tournaments, and championships
- Achieve their professional ambitions

- ✓ What game-changing mindset will compel you to achieve your dreams?
- ✓ Are you ready to perform better than you ever thought you could?
- ✓ Are you prepared to be a Game Changer?

An Athlete's Experience: *"The Brainspotting work I did with Dr. Rohrer helped me make a shift that allowed me to fulfill my dreams of becoming a professional athlete."* Alex Glover, Hooker, Seattle Seawolves Rugby

Free: "Peak Performance Scorecard," an assessment to help student-athletes and their parents identify areas of need, motivation, and course of action.

- 29,800+ total LinkedIn connections, 2,000+ LinkedIn sports connections

Hot Speaking Topics

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**Compelling,
Inspiring, and
Informative!**

- ❖ "3 Ways to achieve a game-changing mindset to excel in any sport, especially when the stakes are high and one thing never to do."
- ❖ "The #1 best way to identify your inner strengths and rely upon them to win, even when the odds seem stacked against you."

Find out about **Dr. Rohrer's** work & resources at www.tomrohrer.com
Contact Dr. Rohrer at **925-595-6433** (text) or **drtom@tomrohrer.com**