

Thomas W. Rohrer, Ph.D., L.M.F.T.

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Licensure

- 1985 **Marriage & Family Therapist:** State of California
2021 **Marriage & Family Therapist:** State of Colorado (in process)

Education

- 1991-00 **Doctorate of Philosophy:** Psychology (Addiction Treatment); Greenwich University, Berkeley, CA
1976-78 **Masters of Arts:** Dual Specialties: Marriage, Family & Child Counseling; Alcohol Studies, University of San Francisco/Lone Mt. College, San Francisco, CA

PROFESSIONAL EXPERIENCES:

Psychotherapy & Performance Consultation Private Practice

January 1979 – Present

Individual and couple assessment of situation and goals, strengths and challenges, process work, resolve/adjust emotional, cognitive-behavioral performance issues, especially due to traumas and addictions, build personal/couple strengths and identity, raise self-esteem and expand relationship, activity and life performance; Approaches: solution-oriented, evidence-based, cognitive/ behavioral, Gottman, Heart Rate Variability, Brainspotting, Positive Psychology, spiritual, eclectic.

Consulting Psychotherapist

February 1996 – Present

Diablo Valley Ranch & Frederick Ozaman Center (Bi-Bett Corp.) Develop and coordinate Dual Diagnosis Program; individual psychological assessment, psychotherapy, couple consultation, and group counseling; mental health, relationship, sexuality presentations; multi-disciplinary team coordination, staff evaluation and training, and intern supervision.

Clinical Director/Clinical Supervisor

May 2000 – October 2003

Turning Point Counseling Center. Develop and execute clinical program, staff training/evaluation; intern supervision.

Instructor

December 1998 – November 2003

California State University, East Bay, Behavioral and Health Sciences. “Relapse Prevention,”
National University, School of Psychology. “The Psychology of Management,” “Values In Human Behavior,”
“Human Communication,” “Counseling Practicum II,” and “Chemical Dependency Case Management,” Oakland, CA

PROFESSIONAL TRAINING:

Training in Marital/Relationship Psychology

- 2017 **Couples Course,** John Gottman, Ph.D. and Julie Gottman, PhD, PESI, Inc. (Online Course)
2007 **A New Relationship Therapy,** John Gottman, PhD, UCB, Berkeley, CA
2000 **Solution-Oriented Couple Work,** Michelle Weiner-Davis, LCSW, S.S.F., CA

Training in Psychology

- 2015 **Advanced Applications in Cognitive Therapy,** David Burns, MD, I.A.B.H., S. San Francisco, CA
2008 **Face Reading,** Paul Ekman, PhD, San Francisco, CA
2003 **Self-Matters, Life Laws, Relationship Rescue, Prof. Ethics,** Frank Lawless, PhD, San Jose (Internet)
1999 **Cognitive Therapy, Anxiety/Worry, ADHD,** Institute for Advancement of Human Behavior, S.S.F., CA
1992-96 **Individual & Group Supervision,** Paul Lo Tempio Ph.D., Pleasanton CA
1986-89 **NLP & Advanced NLP Training,** The Reference Point, Walnut Creek, CA
1984-85 **Ego Psychology Training Group,** Jacob Ofman, Ph.D., Lafayette, CA
1981-85 **Individual/Group Consultation,** Therapeutic Challenge Model, Edith Schutz, Ph.D., Berkeley, CA
1978-80 **Stress Reduction, Brief Therapy, & Multi-Problem Families,** Health Training Center, Emeryville, CA
1975 **Group Process,** Center for Studies of the Person, Carl Rogers, Ph.D., La Jolla, CA

Training in Coaching/Consulting/Performance Enhancement Psychology

- 2020-21 **HeartMath Interventions Certification**, Rollin McCraty, Ph.D., HeartMath Institute (Online Course)
- 2020-21 **HRV/Brainspotting**, Santiago Brand Ortiz, BCN, BCB, HRV, (Online Courses)
- 2020 **Brainspotting: Expansion, Lisa Larson, MFT**, Pacific Center, Folsom, CA (Online Course)
- 2020 **Brainspotting: Phase IV**, David Grand, PhD, Sacramento, CA
- 2019-20 **Brainspotting Sports Performance Consultation Group**, Paige E. Roberts, LCSW, (Online Course)
- 2019 **Brainspotting Applied to Sports & Performing Arts**, Ruth Chiles, Barcelona, Spain, (Online Course)
- 2019 **Brainspotting: Performance Training**, David Grand, PhD, Boulder, CO
- 2018 **Brainspotting: Master Class & Phase IV**, David Grand, PhD, Boulder, CO/Green Bay, WI
- 2015-19 **Peer Consultation Groups**, Walnut Creek, CA
- 2012 **NeuroPositive Certificate Training**, William Larkin, PhD, Applied Neuroscience Institute, (Teleconferencing)
- 2006 **Resiliency Training Program: A Training of Trainers**, Nan Henderson, MSW, Los Angeles. CA
- 2004-05 **Authentic Happiness Mastery Consultation Grp**, Catherine Freemire, LCSW, (Online Group)
- 2003-04 **Authentic Happiness Coaching Program**, Martin Seligman, Ph.D., (Teleconferencing)
- 2003-07 **Structural Consulting Certification Program**, Robert Fritz, Newfane, VT
- 2001 **Performance Enhancement Training/Consultation**, Sandra Foster, Ph.D., San Francisco, CA
- 2001 **Emotional Intelligence**, David Ryback, Ph.D., San Francisco, CA
- 1999 **The 7 Habits of Highly Effective People**, Ron Boggs, Ph.D., Walnut Creek, CA

Processing Tools - Trauma Training

- 2019 **Brainspotting: Kids & Adolescent**, Martha Jacobi, PhD, Rancho Cardova, CA
- 2017-18 **Brainspotting: Consultation Group**, Eryn Barrett, MFT, Skype
- 2017 **Clinical Trauma Professional (CTP)**, Eric Gentry, PhD, LMHC, PESI, Inc.
- 2017 **Brainspotting: Phase III & Master Class**, David Grand, PhD, Green Bay & Milwaukee, WI
- 2017 **Brainspotting: Phase I & II**, Lisa Larson, MFT, Pacific Center, Folsom, CA
- 2013 **Cognitive Processing Therapy, PhD**, Sonoma State University, Rohnert Park, CA

Training Clinical Supervision

- 2002 **Effective Clinical Supervision, & System Super., Training**, Professional Psych Seminars, San Rafael, CA
- 2000-01 **CAMFT Supervisors Certificate Training**, Staff Trainers, JFK University, Orinda, CA

Training in Substance Abuse

- 2011 **The Evolution of Addiction Treatment Conference**, Los Angeles, CA
- 2010 **Nutritional Approach to Addiction Recovery**, Larkspur, CA, Julia Ross, M.F.T.
- 2010 **Holistic Treatment Conference**, Las Vegas, NV
- 1975 **Summer School on Alcohol & Other Drugs**, Berkeley Center for Alcohol Studies, Berkeley, CA.

ADDITIONAL INFORMATION:

Publications

Associations

California Association of Marriage & Family Therapists (C.A.M.F.T.)

Certificates

HeartMath Interventions Certification Program 2021
Certified Brainspotting (Levels I, II, IIIx2, IVx2, Master Class x2, Intensive) 2017-2020
NeuroPositive Certificate Training, 2012
Authentic Happiness Coaching Program, 2003
Certified Senior Therapist: Learn Dr. Phil, 2003
Certified Neuro-Linguistic Programming, 1989
Hypnotherapy, Certificate # 2708, 1985

Presentations

Brainspotting A Brain-Based Therapy, Innovations in Recovery Conference, San Diego, CA 4/10/2018

Publications

Brainspotting Performance Center Blog, 2020-Present

Thriving Beyond Addiction: A Complete User-Friendly Guide, 1990, 2016

Thriving Beyond Addiction: Workbook, 2000

Affirming Stage II Recovery (MP3), 1991, 2012

Research

Research Project, Consultation & Brainspotting work, Senior Project-St. Mary's College of CA, 2020

References and additional information are available upon request